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Register within 2 weeks after receiving your new product.

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→ www.nursal.co/warranty

CUSTOMER SERVICE
📧 support@nursal.co    📩@nursalonline

1. Avoid touching the pads when the device is turned on.
2. Do not place pads near the heart, head or carotid.
3. Not suitable for use by pregnant women, people with implanted devices or heart disease.
4. Apply a few drops of water when the pads have lost stickiness.

NOTE
A Big Thank You

We’re thrilled that you have chosen to purchase the Electronic Massager Machine. At NURSAL, we’re committed to providing you with products that enhance your daily life. We also aim to give our customers excellent support. Should you have any questions or feedback about your new product, simply get in touch with our customer support team at 1-855-556-6888, or by email at support@nursal.co.

Enjoy your new product!
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INTRODUCTION

This Electronic Pulse Massager is a user friendly product. This Electronic Pulse Massager delivers electronic impulses to tired and sore muscles. These impulses are generated by the device and delivered through electrodes to the direct proximity of the target muscles. The impulses mimic the action potential coming from the central nervous system to trigger contraction of the muscles. Some programs will improve resistance to fatigue and increase endurance, while others can improve force produced by the muscle.

This device is portable, compact and stylish, as well as being controlled by a micro-processor. It may be helpful in relieving minor aches and pains in various parts of the body such as the waist, shoulders, Joints, hands and feet. The device is especially helpful in relieving stiff neck muscles and sore muscles from over exercising. Using it responsibly and properly will provide you with a relaxing pulse massage. You will feel a real difference this device can make to your life.
SAFETY WARNINGS

Danger
1. Do not use this unit if you are using an implanted electronic medical device such as pacemaker or other life-maintaining device.
2. Do not use this unit if you are wearing electrode medical devices for monitoring health functions.

Warning
1. If you have any of the following conditions, please consult your physician before purchasing or using this device:
   Acute conditions, malignant tumors, infectious diseases, pregnancy, implanted devices, heart disease, high fever, abnormal blood pressure, lack of skin sensation or numbness in the extremities, abnormal skin conditions or any condition requiring the active supervision of a physician.
2. Please remove the battery from the device when it is not in use.

Notice
1. Do not use this device while driving.
2. Do not use this device while sleeping.
3. Do not use this device in areas with high humidity such as a bathroom.
4. Keep this device out of reach of children.
5. Stop using this device and consult your physician at once if you feel pain, discomfort, dizziness or nausea.
6. Do not attempt to move the electrode heads while the device is in operation.
7. Do not use the device near the heart, on the head, near the mouth, pudendum or blemished areas of skin.
8. Keep the device away from wet, hot place and out of direct-sunlight.
9. Store the device in a cool, dry place.
10. Do dispose of batteries according to the local laws and regulations of your region.
11. Medical electrical equipment needs special precautions regarding
12. Portable and mobile RF communication equipment can affect medical electrical equipment.

# TRANSPORT AND STORAGE SYMBOLS

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>fragile</td>
<td>Fragile, handle with care</td>
<td>type B</td>
<td>Type B applied part</td>
</tr>
<tr>
<td>keep in dry place</td>
<td>Keep the product in a dry place, away from water and rain.</td>
<td>attention</td>
<td>Attention, see operating manual for user instructions.</td>
</tr>
<tr>
<td>this way up</td>
<td>This way up</td>
<td>manufacturer</td>
<td>Manufacturer</td>
</tr>
<tr>
<td>recycling</td>
<td>Product package should be recycled</td>
<td>symbol for EU representative</td>
<td>Symbol for &quot;AUTHORISED REPRESENTATIVE IN THE EUROPEAN COMMUNITY&quot;</td>
</tr>
<tr>
<td>unrecyclable</td>
<td>Unrecyclable</td>
<td>CE marking</td>
<td>CE marking, Certificate issued by SGS.</td>
</tr>
<tr>
<td>date of manufacture</td>
<td>Date of manufacture</td>
<td>FDA 510(K)</td>
<td>FDA 510(K) approved</td>
</tr>
<tr>
<td>serial number</td>
<td>Serial number</td>
<td>IP22</td>
<td>IP code of the device</td>
</tr>
<tr>
<td>batch code</td>
<td>Batch code</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CLEANING AND MAINTENANCE

Device
1. Please use a lightly moistened cloth to clean the device and wipe gently.
2. Make sure the device is off when you clean it.
3. Do not let water to get into the device.

Pads
1. Make sure both pads not overlapping and make sure your skin is free from any dirt, oil or lotion.
2. Applying a few drops water before and after usage will increase the longevity of the pads.
3. Place pads on pad holder or place plastic film on the sticky side of pad to keep the gel moisture.

Product Specifications
1. Tens unit controller * 1pc
2. Large gel pad*2pcs; palm shape gel pad*4pcs; small gel pads * 2pcs
3. Output wire * 2pc
4. USB line *1pc
5. Manual *1pc
6. Gel pad collector * 1pc
SET UP

Unpack the box of the product, take the product and accessories out, and connect the electrode pad onto the device.

1. The device has two independent channels A&B. Make sure which channels (channel A or B or both) you want to use before you connect wires to the device.
2. Put pads on your skin before turn on the device. Use at least one pair of pads, one pad alone will not work.
OPERATING THE PRODUCT

1. NURSAL electronic massager (TENS) needs to be charged for up to 8 hours before the first use.
2. Attach one pair or two pair of the electrode pads to the treatment area, such as shoulder, arm, legs.
   Do not place pads near head, heart, chest or on both sides of thorax.
3. Turn the unit switch on. When being on, the unit will automatically start at Mode 1.
   Power button located on the top side of the device
4. Choose a mode by press the M button.
   Totally 12 modes, more details about mode please check the next section.
5. Increase the intensity by pressing the + button; decrease the intensity by pressing the - button.
   When pressing the B button once, switch from the control of the A (left) output to that of the B (right) output: only the intensity of the B output could increase or decrease by pressing the + or - button. When pressing the A button again, switch back to the A output; only the intensity of the A output could increase or decrease.
6. Press T button, 10, 20, 30, 40, 50, 60 mins timers could be selected.
7. Press || button, the unit will suspend.
8. Turns off the device.
9. Remove the pads from your skin.
   Gently remove the pads from your skin and place them back on the provided pads holder or protective plastic film.
   Gently remove by pulling the corner of the pads. Do not pull the leads.
MODE INTRODUCTION

Mode 1: Massage
Gradually increasing pressure that fades away (a soft squeeze and release), medium to strong strength pulses; good for all major muscle groups.

Mode 2: Acupuncture
Short pulses that start strong and gradually fade away (a poking, acupuncture-type feeling); good for all major muscle groups.

Mode 3: Beat
Quick strong pulses in a rhythm; good for all major muscle groups.

Mode 4: Scaping
Scraping is a method of treating a disease by scraping a squeegee-like device repeatedly to rub the skin of the patient.

Mode 5: Cupping
(in Chinese medicine) a therapy in which heated glass cups are applied to the skin along the meridians of the body, creating suction as a way of stimulating the flow of energy.

Mode 6: Thai massage
Thai massage has obvious anti-fatigue, muscle relaxation and emotion regulating properties. In addition, it has curative effects on muscle damage, gout, inflammation and so on.

Mode 7: Shiatsu massage
Imitating the use of a finger to press acupuncture points, dredge the meridians, relieve fatigue and reduce pain.
**Mode 8: Elbow massage**
Releasing fatigue and relieving pain in the elbow.

**Mode 9: Relaxation**
Relaxing muscles and other areas.

**Mode 10: Foot massage**
Relaxing and relieving fatigue of the feet.

**Mode 11: Tapping**
Tapping the affected area to relieve pain.

**Mode 12: Swedish massage**
Enhancing body fluid circulation, relieving muscle tension and pain, promoting metabolism in the body and cleansing the body.

**RECOMMEND USE POSITIONS**

**LOWER BACK**
Mode 3,4,5,6,7,8
Attach both pads on the lower back with the backbone in the center.
Do not place on the backbone or spine.

**SCIATIC**
Mode 4,6,7,10,11
Attach on pad below and above the region in pain, both on the same side (NOT on spine).

**DELTOID**
Mode 1,10,11,12
Attach one pad in front and one in back of the muscle.

**ARM**
Mode 1,10,11,12
Attach both pads on either side of the area.
Mode 1,9,10,11,12
Attach both pads above the knee or above and below joint.

Mode 1,8,10,11,12
Attach both pads on the calf/leg where you feel pain.
(Do not place electrode pads simultaneously to the calves of both legs.)

Mode 9,10,11,12
Attach pads per the illustration, on the left/on the outside of your ankle/foot.
Attach the pads per illustration on the right/on the other side of your ankle/foot

Mode 1,2,3,4,5,10
Attach pads per the illustration.
(Do not put pads on the spine)
RECOMMENDED PRACTICE

- Duration suggested for each skin area is 20 min and 2 times per day. Consult with your physician for longer and more frequent uses.

- Start from the lowest intensity and gradually adjust the intensity to a comfortable level at a scale from 1 to 20.

- Good skin care is important for a comfortable use of device. Be sure the treatment site is clean of dirt and body lotion.

- Keeping the electrode in the collector after use will extend its lifespan. The electrode is disposable and should be replaced when it loses the adhesiveness. To purchase additional electrodes, please contact the seller.
If your device is not operating properly, please check below for common problems and suggested solutions.
If the recommended action does not solve the problem, please contact the seller at

**Official email**: support@nursal.co
**Tel No**: 1-855-556-6888

### TROUBLE SHOOTING

<table>
<thead>
<tr>
<th>Problem</th>
<th>Possible Cause</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>One pad feels stronger than the other</td>
<td>This is normal. Different area of your body will react differently</td>
<td>Nothing needs to be done. Make sure the pads are moist and making good contact.</td>
</tr>
<tr>
<td>The intensity is not felt with a very weak intensity level</td>
<td>Pads are not attached to the body firmly</td>
<td>Attach both pads firmly to the skin</td>
</tr>
<tr>
<td></td>
<td>The transparent films are still stuck to the pads</td>
<td>Peel off film on the adhesive surface of pads</td>
</tr>
<tr>
<td></td>
<td>The pads stack together or overlap</td>
<td>Do not stack pads together or overlap pads</td>
</tr>
<tr>
<td></td>
<td>The cord is not properly connected to the unit</td>
<td>Connect cord correctly into the jack</td>
</tr>
<tr>
<td></td>
<td>The intensity setting is getting weak</td>
<td>Increase the intensity level</td>
</tr>
<tr>
<td></td>
<td>The battery capacity is low</td>
<td>Charge the battery</td>
</tr>
<tr>
<td>The skin turns red or the skin feels irritated</td>
<td>The adhesive surface of the pads is dirty or dry</td>
<td>Wash adhesive surface of pads gently with your fingertips for about 3 seconds under slow running water</td>
</tr>
<tr>
<td></td>
<td>The therapy time is too long or the intensity is set too high</td>
<td>Reduce the application time or reduce the intensity</td>
</tr>
<tr>
<td></td>
<td>The electrode pad surface if worm out</td>
<td>Replace electrode pad</td>
</tr>
<tr>
<td>Problem</td>
<td>Possible Cause</td>
<td>Solution</td>
</tr>
<tr>
<td>--------------------------------------------------</td>
<td>------------------------------------------------</td>
<td>---------------------------------</td>
</tr>
<tr>
<td>No power source; no display on LCD.</td>
<td>The battery capacity is depleted</td>
<td>Charge the battery</td>
</tr>
<tr>
<td>Power cuts off during use</td>
<td>The battery is weak</td>
<td>Charge the battery</td>
</tr>
<tr>
<td></td>
<td>The cord is broken</td>
<td>Replace the cord</td>
</tr>
<tr>
<td>It is difficult to attach the pad to the skin</td>
<td>Have you remove the transparent film from the pad?</td>
<td>Peel off film on the adhesive surface of pads</td>
</tr>
<tr>
<td></td>
<td>Was the pad applied immediately after washing?</td>
<td>Dry the pad</td>
</tr>
<tr>
<td></td>
<td>Is the adhesive surface of the pad damaged?</td>
<td>Replace the pad</td>
</tr>
<tr>
<td>Adhesive surface of pad is not sticky</td>
<td>Pads get deteriorative</td>
<td>Contact the vendor for replacements.</td>
</tr>
<tr>
<td></td>
<td>Were the pads stored under high temperature, high humidity, or direct sunshine?</td>
<td>Replace the pad.</td>
</tr>
</tbody>
</table>
## WARRANT CARD

<table>
<thead>
<tr>
<th>Certificate of Quality Warranty Card</th>
</tr>
</thead>
<tbody>
<tr>
<td>Product model</td>
</tr>
<tr>
<td>Product name</td>
</tr>
<tr>
<td>Date of purchase</td>
</tr>
<tr>
<td>Purchase Location</td>
</tr>
<tr>
<td>Retailer’s Name</td>
</tr>
<tr>
<td>Retailer’s TEL</td>
</tr>
<tr>
<td>Problems of the Product</td>
</tr>
</tbody>
</table>
CONTACT INFORMATION

Manufacturer:
JKH Health Co., Ltd.
Address: 4-5F, Building 12, Hengmingzhu Industrial Park, Xinqiao Tongfuyu Industrial Area, Shajing, Baoan, Shenzhen, China

EC Authorized Representative:
MEDevice Union, Ltd
Address: 26 York Street London, United Kingdom W1U 6PZ
NOTE
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