MINI MASSAGER
Model: AS1080

USER MANUAL
ACTIVATE YOUR 12-MONTH WARRANTY & GET EXCLUSIVE GIFT

Register within 7 days after receiving your new product.

Use your phone camera to scan me & start chatting
or visit: m.me/NursalOnline

Or Visit:
www.nursal.co/warranty

1. Avoid touching the pads when the device is turned on.
2. Do not place pads near the heart, head or carotid.
3. Not suitable for use by pregnant women, people with implanted devices or heart disease.
4. Apply a few drops of water when the pads have lost stickiness.
A Big Thank You

Dear Customer,

We’re thrilled to welcome you to the NURSAL family, and we’d like to thank you for purchasing our product. We’re proud to serve you as our customer and we hope that you get the most out of your purchase.
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INTRODUCTION

Our Electronic Pulse Massager delivers electronic impulses to tired and sore muscles via its electrodes. These impulses mimic signals coming from the central nervous system to trigger muscle contractions, which can be used for a variety of purposes such as increasing endurance, complementing exercise routines, or simple relaxation.

Our Electronic Pulse Massager is portable, compact, and stylish. It may be helpful in relieving minor aches and pains in various parts of the body such as the waist, shoulders, joints, hands and feet. The device is especially helpful for relieving stiff neck muscles and soreness resulting from intense exercise. Responsible, proper use may yield a variety of benefits for you and your well-being.
SAFETY WARNINGS

DANGER
1. Do not use this unit if you are using an implanted electronic medical device such as pacemaker or other life-maintaining device.

2. Do not use this unit if you are wearing electrode medical devices for monitoring health functions.

WARNING
1. If you have any of the following conditions, please consult your physician before purchasing or using this device: Acute conditions, malignant tumors, infectious diseases, pregnancy, implanted devices, heart disease, high fever, abnormal blood pressure, lack of skin sensation or numbness in the extremities, abnormal skin conditions or any condition requiring the active supervision of a physician.

2. Please remove the battery from the device when it is not in use.

NOTICE
1. Do not use this device while driving.

2. Do not use this device while sleeping.

3. Do not use this device in areas with high humidity such as a bathroom.

4. Keep this device out of reach of children.

5. Stop using this device and consult your physician at once if you feel pain, discomfort, dizziness or nausea.

6. Do not attempt to move the electrode heads while the device is in operation.
7. Do not use the device near the heart, on the head, near the mouth, pudendum or blemished areas of skin.
8. Store the device in a cool, dry place, keeping the device away from wet or hot environments and out of direct sunlight.
9. Do dispose of batteries according to the local laws and regulations of your region.
10. Medical electrical equipment needs special precautions regarding use.
11. Portable and mobile RF communication equipment can affect medical electrical equipment.

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**TRANSPORT AND STORAGE SYMBOLS**

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>🍾</td>
<td>Fragile, handle with care</td>
</tr>
<tr>
<td>⚕️</td>
<td>Type B applied parts</td>
</tr>
<tr>
<td>🌧️</td>
<td>Keep the product in a dry place, away from water and rain.</td>
</tr>
<tr>
<td>⬆️</td>
<td>Attention, see operating manual for user instructions.</td>
</tr>
<tr>
<td>📦</td>
<td>This way up</td>
</tr>
<tr>
<td>🌐</td>
<td>Manufacturer</td>
</tr>
<tr>
<td>🔄️</td>
<td>Product package should be recycled</td>
</tr>
<tr>
<td>🌐</td>
<td>Symbol for &quot;AUTHORISED REPRESENTATIVE IN THE EUROPEAN COMMUNITY&quot;</td>
</tr>
<tr>
<td>⚫️</td>
<td>Non-recyclable</td>
</tr>
<tr>
<td>🍀</td>
<td>CE marking; certificate issued by SGS.</td>
</tr>
<tr>
<td></td>
<td>Date of manufacture</td>
</tr>
<tr>
<td>----------------</td>
<td>---------------------</td>
</tr>
<tr>
<td><strong>SN</strong></td>
<td>Serial number</td>
</tr>
<tr>
<td><strong>LOT</strong></td>
<td>Batch code</td>
</tr>
</tbody>
</table>

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**MAINTENANCE**

**DEVICE**

1. Please use a lightly moistened cloth to clean the device and wipe gently.
2. Make sure the device is turned off when you clean it.
3. Do not let water to get into the device.

**PADS**

1. Make sure both pads do not overlap and make sure your skin is free from any dirt, oil or lotion.
2. Applying a few drops water before and after usage will increase the longevity of the pads.
3. Place pads on pad holder or place plastic film on the sticky side of pad to keep the gel moist.
PRODUCT SPECIFICATIONS

INCLUDED IN THIS STANDARD PACKAGE:

1. TENS device x 1 pc
2. Large pad x 4pcs
3. Medium pad x 8pcs
4. Small pad x 4pcs
5. Electric wire x 3pcs

(when use 4 line cable, make sure to use at least 1 pc white (positive) +1 pc blue line (negative) at the time.)

6. USB cable & AC adapter x 1 set
7. Instruction manual x 1 pc
8. Collection board for pad and wire x 1 pc
9. Bag x 1 pc

FEATURES

- Large blue LCD
- 2 outputs with 16 modes
- 20 levels of intensity
- 20 minute default timer, can be adjusted from 10-60 minutes
- Rechargeable lithium battery
- Battery charge indicator
- AC adapter 110-240v, USB Charger 5v
SETUP

Unpack device and accessories from the box and connect the electrode pad onto the device.

1. The device has two independent channels -- A/B. Know which channel/s (A, B or both) you want to use before you connect wires to the device.

2. Place pads on your skin before turning on the device. Use at least one pair of pads, one pad alone will not work.

![Diagram of the device]

1. Two output connector
2. USB port
3. LCD screen
4. Battery indicator
5. On/ off switch
6. Intensity adjustment
7. Mode selector
8. Time adjustment
9. Built-in Mode Selector
10. Pads- adhesive board
12. USB cable
14. Pad wires

11. Charger
13. Massage pads
OPERATING INSTRUCTIONS

1. Connect the pads to the wire by clipping them on, and then remove the protective film.

2. Place the pads on the desired area, and plug the wires into one of the ports on the device (Channel A or Channel B). For additional relief, use an additional pair of pads plugged into the other port on the same area.

   **Ensure both pads are not overlapping, and that your skin is free from any dirt, oil, or lotion.**

3. Turn the device on by sliding the on/off switch at the top of the unit to the 'on' position. The unit is now activated.

4. Press the "M" button to select a different main mode (there are 6 main modes to choose from, each main mode contains different sub-modes). Press the center button to select a different sub-mode within the current main mode.

   **The strength setting will default to the lowest setting upon selecting a new mode.**

5. Increase the intensity by pressing the + button; decrease the intensity by pressing the - button.

6. To adjust the timer, press the “T” button. 10, 20, 30, 40, 50, 60 mins timers are available. The default time is 20 minutes.

7. Turn off the device.

8. Remove the pads from your skin.

   **Gently remove the pads from your skin by pulling from the corner of the pad, then return them to the provided pads holder or protective plastic film.**
MODE LIST

There are 6 main modes. The "M" cycles through the 6 main modes, while the silver middle button selects options (2 to 4 varieties) within that mode.

There are 16 individual modes in total:

1. Kneading
   1). Lateral palm kneading
   2). Flat palm kneading
   3). Crosscut fist kneading
   4). Vertical fist kneading

2. Acupuncture
   5). Acupuncture
   6). Moxibustion
   7). Acupuncture kneading

3. Cupping
   8). Rubbing reduction
   9). Cupping
   10). Fibrillation massage

4. Tapping
   11). Lifting-pinching manipulation
   12). Vibrating manipulation

5. Shiatsu-Deep
   13). Thai massage
   14). Shiatsu

6. Auto-Combination
   15). Auto-Combination Massage Mode 1
   16). Auto-Combination Massage Mode 2
RECOMMENDED PLACEMENT

**Lower Back**
Mode 1, 4, 5, 6, 7, 10, 11
Attach both pads on the lower back with the backbone in the center. Do not place on the backbone or spine.

**Sciatic**
Mode 1, 2, 3, 4, 5
Attach on pad below and above the region in pain, both on the same side (NOT on spine).

**Deltoid**
Mode 2, 3, 4
Attach one pad in front and one in back of the muscle.

**Arm**
Mode 1, 2, 3, 6, 7, 15, 16
Attach both pads on either side of the area.
Knee
Mode 1, 2, 3, 4, 5, 6, 7, 10
Attach both pads above the knee or above and below joint.

Calf
Mode 1, 2, 3, 4, 5, 6, 7, 8, 14, 15
Attach both pads on the calf/leg where you feel pain. (Do not place electrode pads simultaneously to the calves of both legs.)

Ankle/Foot
Mode 1, 2, 14, 15
Attach pads per the illustration, on the left/on the outside of your ankle/foot. Attach the pads per illustration on the right/on the other side of your ankle/foot.

Abs/Shoulder
Mode 1, 4, 5, 6, 7, 10, 11, 12, 14, 15, 16
Attach pads per the illustration. (Do not put pads on the spine)
TIPS AND MAINTENANCE

- It is suggested that you do not use the massager on any given area of skin for a duration greater than 20 min 2 times per day. Consult with your physician for longer or more frequent uses.

- Start from the lowest intensity and gradually adjust the intensity to a comfortable level on a scale from 1 to 20.

- Good skin care is important to ensure comfortable use of the device. Be sure the treatment site is clean of dirt and body lotion.

- Keeping the electrode in its case after use will extend its lifespan. The electrode is disposable and should be replaced when it loses its adhesive. To purchase additional electrodes, please contact us at support@nursal.co.
# TROUBLESHOOTING

If your device is not operating properly, please check below for common problems and suggested solutions.

If the recommended action does not solve the problem, please contact the customer service at: support@nursal.co

Tel: 1-855-556-6888

<table>
<thead>
<tr>
<th>Problem</th>
<th>Possible Cause</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>One pad feels stronger than the other</td>
<td>This is normal. Different areas of your body will react differently</td>
<td>Nothing needs to be done. Make sure the pads are moist and making good contact</td>
</tr>
<tr>
<td>The intensity is not felt with a very weak intensity level</td>
<td>Pads are not attached to the body firmly</td>
<td>Attach both pads firmly to the skin</td>
</tr>
<tr>
<td></td>
<td>The transparent films are still stuck to the pads</td>
<td>Peel off film on the adhesive surface of pads</td>
</tr>
<tr>
<td></td>
<td>The pads stack together or overlap</td>
<td>Do not stack pads together or overlap pads</td>
</tr>
<tr>
<td></td>
<td>The cord is not properly connected to the unit</td>
<td>Insert cord correctly into the jack</td>
</tr>
<tr>
<td></td>
<td>The intensity setting is too weak</td>
<td>Increase the intensity level</td>
</tr>
<tr>
<td></td>
<td>The battery capacity is low</td>
<td>Charge the battery</td>
</tr>
<tr>
<td>Skin turns red or the skin feels irritated</td>
<td>The adhesive surface of the pads is dirty or dry</td>
<td>Wash adhesive surface of pads gently with your fingertips for about 3 seconds under slow running water</td>
</tr>
<tr>
<td></td>
<td>The device used is for too long or the intensity is set too high</td>
<td>Reduce the application time or reduce the intensity</td>
</tr>
<tr>
<td></td>
<td>The electrode pad surface is worn out</td>
<td>Replace electrode pad</td>
</tr>
<tr>
<td>Problem</td>
<td>Possible Cause</td>
<td>Solution</td>
</tr>
<tr>
<td>--------------------------------------------------</td>
<td>---------------------------------------------------------------------</td>
<td>-----------------------------------</td>
</tr>
<tr>
<td>No power source; no display on LCD.</td>
<td>The battery power is too low</td>
<td>Charge the battery</td>
</tr>
<tr>
<td>Power cuts off during use</td>
<td>The battery power is too low</td>
<td>Charge the battery</td>
</tr>
<tr>
<td></td>
<td>The cord is broken</td>
<td>Replace the cord</td>
</tr>
<tr>
<td>It is difficult to attach the pads to the skin</td>
<td>Has the transparent film from the pad been removed?</td>
<td>Peel off film on the adhesive surface of pads</td>
</tr>
<tr>
<td></td>
<td>Was the pad applied immediately after washing?</td>
<td>Dry the pads</td>
</tr>
<tr>
<td></td>
<td>Is the adhesive surface of the pads damaged?</td>
<td>Replace the pads</td>
</tr>
<tr>
<td>Adhesive surface of pad is not sticky</td>
<td>Pads has deteriorated</td>
<td>Contact the vendor for replacements</td>
</tr>
<tr>
<td></td>
<td>Were the pads stored under high temperature, high humidity, or direct sunshine?</td>
<td>Replace the pads</td>
</tr>
</tbody>
</table>
Manufactured by:
Shenzhen astec technology co., Ltd
Address: 8e XingBaoYi Industrial Bld, Houting village, Beiting Rd, Shajing, shenzhe, China

Distributed by:
OMGD INC
ADD: 245 East Main Street, Suite 115, Alhambra, CA 91801
support@nursal.co

Made in china
WEEE-Nr : DE83395812
CUSTOMER SERVICE

⚠️ Please scan QR code & start chatting
(Typically replies instantly):

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or visit: m.me/NursalOnline

📞 1-855-556-6888
✉️ support@nursal.co
🌐 www.nursal.co

24/7 LIVE CHAT SUPPORT

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